

CLARITY DEEP DIVE

JUST YOU, YOUR COACH, NATURE AND YOUR GOAL

LOCATION
TENERIFE NORTH

YOUR PERSONAL COACH
ANNETTE FÖRSTER-KRECHBERGER

NEW PERSPECTIV
EMPOWERING TRANSFORMATION



5 Days to Find Your Next Step -
for Leaders & Business Owners at a Crossroads.

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CLARITY DEEP DIVE

YOUR PERSONAL COACH:
ANNETTE FÖRSTER-KRECHBERGER

NEW PERSPECTIV
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Imagine a fascinating landscape surrounding you, where each day begins with the calming embrace of nature's beauty. This is your space to regenerate, reflect deeply and gain strategic or personal reorientation. Your 5-day Clarity Deep Dive journey combines encounters with nature, guided reflection, and focused coaching. Five days deliberately built without the time pressure or fixed objectives of daily business. Time that rarely appears in a leader's calendar, and that pays off afterward: in clearer decisions and a leadership style that comes from conviction rather than reflex.

For senior leaders, business owners and the self-employed facing a decision, a transition or sustained pressure, who want to step away to find their next step.

There is no fixed program. Each Clarity Deep Dive is designed for one person, around your situation and your goal. Annette guides you at two fixed points each day; the time in between is yours, with guidance prepared for you. Between sessions, Annette is available on request.

Your day at the Clarity Deep Dive:

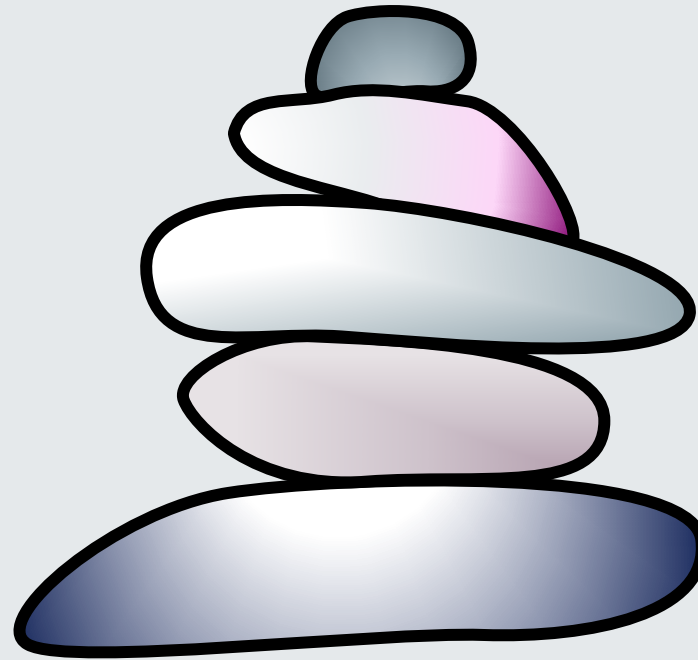
- Morning with Annette (20 Min): your impulse of the day, developed for you.
- On your own: a nature encounter at a place selected for you, with route information. Pause, breathe deeply or take a still moment to enjoy and let go.
- On your own: reflection, guided by questions linked to what you experienced, bringing clarity to your thoughts and emotions.
- Afternoon with Annette (1h): Coaching that ties the day's impulse and experience to your goal.
- Evening on your own: reflection time, carrying the day's insight forward.
- Your Evening Extra: an impulse or activity selected for you, to wind down and close the day.

„Four months later, the skills I gained and the goals I set are still making a noticeable difference to my wellbeing and quality of life. The Clarity Deep Dive paid off in every sense.“ (Participant, Clarity Deep Dive)

CLARITY DEEP DIVE

A FRAMEWORK,
NOT A FIXED PLAN

The 5 steps give your journey direction. Order and emphasis are adapted to you.



What this time creates space for:

- Distance from the pressure you carry into every day
- Clarity that emerges at its own pace, not on demand
- Space to reconnect with what actually matters to you
- Reflections and questions to carry forward
- Clear direction for issues or decisions

5. Refocus & Return

- Draw key conclusions
- Summarize transfer steps
- Ensure lasting benefits

4. Recharge & Revive

- Sharpen your vision
- Integrate options for action
- Gain additional strength

3. Reset & Reframe

- Dismantle disruptive burdens
- Develop fresh perspectives
- Expand purpose & meaning

2. Relax & Relieve

- Take time to calm down
- Let go of what weighs on you
- Process your reactions

1. Review & Reflect

- Analyze your situation
- Define your challenges
- Notice your needs

CLARITY DEEP DIVE

USEFUL INFORMATION



Your Personal Coach:

Annette
Förster-Krechberger (MPhil)



You are guided by a coach who has spent 35+ years working with leaders and teams under real pressure – and who teaches leadership, conflict resolution, and negotiation at FOM Hochschule Stuttgart and various academies.

Her work extends beyond the coaching room: she also founded and runs a charity project in Lokichoggio, Kenya, reflecting the same values of resilience and renewal you will experience in this program.

For over three decades, her consultancy Perspectiv has helped leaders and teams in mid-sized companies navigate exactly these situations. In 2026 she launched New Perspectiv, which brings that same expertise into a different setting – using nature and philosophy as tools for transformation, exactly what shapes this journey.

Nature, movement, and stillness are not just her methods – they are how she lives, too.

Sessions are conducted in German and English, but Annette also speaks French and Spanish.

How to book:

1

Book a free 20-minute fit call directly:
<https://koalendar.com/e/meet-Annette>
Prefer to talk first?
Call: +49 177 47 99 333.

Use this call to find out what Annette can offer you, ask your questions and decide whether this is right for you.

2

3

Find out if your preferred dates are available, book your Clarity Deep Dive and arrange your flight.

Your Investment: €2,950 (incl. 19% VAT)

Included: a pre-arrival short call and questionnaire, a daily 20-min impulse, a daily 1-hour 1:1 coaching session, nature encounters selected for you, your reflection guide, evening extra, written notes with Annette's impulses to take home, and a follow-up session 4-6 weeks after your return.

4

Location and Organizational Details:

Schedule your Clarity Deep Dive with Annette and book your flights and your hotel in the north of Tenerife individually. In case you need recommendations for accommodation, Annette will be happy to assist you.

After booking, you receive all organizational details and a short questionnaire, so your first impulse is already tailored to you.